



CONSENT FOR PHYSICAL THERAPY EVALUATION AND TREATMENT

At Connect Physical Therapy, we use a variety of procedures and treatments to improve your physical function. There are benefits and potential risks involved with all medical treatments, including physical therapy. You may experience an increase in your current level of pain or discomfort, or an aggravation of your existing injury or condition. This discomfort is usually temporary; but if it does not subside in 24 hours, I agree to contact my physical therapist.

Our goal at Connect PT is to reduce your symptoms and increase your ability to perform daily activities. Some of the potential benefits of physical therapy include increased strength, body awareness, flexibility and endurance; reduction of pain and discomfort; and an increased knowledge about managing your condition and locating resources available to you. It is not entirely possible to predict an individual patient's response to a specific form of treatment, therefore, Connect Physical Therapy cannot make any promises or guarantees regarding a cure for or an improvement in your condition.

Your physical therapist will share with you available statistics and studies regarding physical therapy treatment for your condition and will discuss treatment options with you. You have the right to inquire about the form of treatment prior to giving consent for treatment. You may also discuss with your physical therapist the potential risks and benefits of a specific treatment and possible alternative treatments. You have the right to decline any portion of treatment at any time or during your treatment sessions.

I understand that in order for physical therapy treatment to be effective, I must come to scheduled appointments unless there are unusual circumstances that prevent me from attending therapy. I agree to cooperate with and carry out the home physical therapy program intended for me. If I have trouble with any part of my treatment program, I agree to discuss it with my therapist.

If you have been referred to Connect Physical Therapy for the evaluation and treatment of pelvic floor dysfunction, your physical therapist may need to perform an internal pelvic floor muscle examination at the initial evaluation and as needed to re-evaluate your progress. This examination is performed by observing and/or palpating the perineal region including the vagina and/or rectum. This evaluation will assess skin condition, reflexes, muscle tone, length, strength and endurance, scar mobility and function of the pelvic floor region.

Treatment for pelvic floor dysfunction may include, but not be limited to: observation, palpation, internal and external manual therapy treatments, biofeedback, stretching and strengthening exercises, soft tissue and/or joint mobilization and educational instruction. I understand that I am responsible for immediately informing my physical therapist if I am having any discomfort or unusual symptoms during treatment.

I have read the above information and I consent to a physical therapy examination and treatment. I have asked any questions and they have been answered to my satisfaction. I understand the risks, benefits and alternatives to treatment. I hereby voluntarily consent to physical therapy.

Patient's Printed Name

Date of Birth

Patient's Signature

Today's Date